



## **Way of St. James**

The Way of Saint James, one of the oldest pilgrimage routes in the world, has been travelled for 1000 years by pilgrims from all over Europe drawn to the tomb of the Apostle St James (Santiago).

The trips described in this catalogue have been specifically designed for people with different disabilities and they cover several stages of the French Way (Camino Francés) between Burgos and Santiago de Compostela passing through León, three of the most interesting cities

on this pilgrimage route, all declared World Heritage Sites by UNESCO.

An exciting tour steeped in history, culture and scenery. Without a doubt a unique and unforgettable experience from the spiritual, human and - why not? - sport enthusiast's point of view. A way to encounter idyllic landscapes which inspire peace and reflection while discovering European religious and historical roots.

# WAY OF ST. JAMES BURGOS-LEÓN



SELF-GUIDED



## Who is it for?

This trip is addressed to wheelchair users with electric hand bike or scooter, with a bicycle companion. The gentle terrain allows the route to be done comfortably and independently on a wheelchair and with hybrid hand bike.



## Accommodation

The accommodation selected for this trip has been chosen according to location (daily stages to be covered), comfort and accessibility, both in rooms and common facilities.



## Transfer service

Throughout the programme travellers will have private transfers in adapted vehicles to the start of each stage, in addition to luggage transfer from hotel to hotel.



# History, nature and culture

**This trip covers one section of the French Route between Burgos and León, two of the most interesting cities on this pilgrimage route, both declared World Heritage Sites by UNESCO.**



## Accommodation

The accommodation selected for this trip has been chosen according to location (daily stages to be covered), comfort and accessibility, both in rooms and common facilities. The standard accommodations on this trip will be hotels\*\*\* and hostels (prioritizing rooms with private bathroom). When a standard accommodation is not available, these categories may vary. Extra nights may be booked in Burgos and León. The travel agency will inform clients about the accessibility at each of the accommodations.

## Programme

This trip includes stages between Burgos and León. Although it is a 9-day programme, the stages to be travelled on hybrid chair-hand bike and bicycle cover a total distance of 60km spread over 6 days. The other 3 days will be set aside to visit cities like Burgos or León.

In general terms, the stages are flat except for day 5, where there is a bit of slope. The type of surface is also different on each stage, but most sections follow compact dirt tracks. The daily stages cover an average distance of 15 kilometres with an estimated duration of 3 to 4 hours.

The stages selected for this trip have been selected after careful consideration of the terrain, relief, possible dangers due

to physical barriers, type of surface and availability of nearby accommodation with accessible facilities. However, there are inevitably certain critical spots where wheelchair users will need the help of their companion. There are also certain road crossings and short sections along road shoulders, which cannot be avoided if one wishes to do the longer stretches of the 'Camino'.

## Transfer service

Throughout the programme there are several stages in which pilgrims will need adapted transport from the hotel to the start of the stage, in addition to the luggage transfer provided from hotel to hotel.

- ✓ **Carefully selected accessible accommodations with adapted rooms and private bathrooms to ensure maximum comfort**
- ✓ **Feasible stages without prolonged slopes, allowing for enjoyment of the journey.**
- ✓ **Magnificent open landscapes, solitary plains and infinite horizons**
- ✓ **Fabulous gastronomy**
- ✓ **Heritage jewels of Romanesque and Mudejar art**

# Programme

## Burgos - León | 6 stages

**Day 1** Arrival in Burgos

**Day 2** From Itero de la Vega to Frómista. CANAL DE CASTILLA (15 km)

**Day 3** From Villovieco to Carrión de los Condes. RIO UCIEZA (14,5 km)

**Day 4** From Carrión de los Condes to Calzadilla de la Cueva. WIDE CASTILLA (12km)

**Day 5** : From Calzadilla de la Cueva to Moratinos / Sahagún. TEMPLAR LANDS (12km or 23km)

**Day 6** From Sahagún to Burgo de Ranero. ON THE 'REAL CAMINO FRANCÉS' (18km)

**Day 7** From Burgo de Ranero to Mansilla de las Mulas (13km)

**Day 8** Visit León

**Day 9** End of Programme

### TRIP SHEET

**CODE:** ESSH01

**Style:** Independent/self-guided

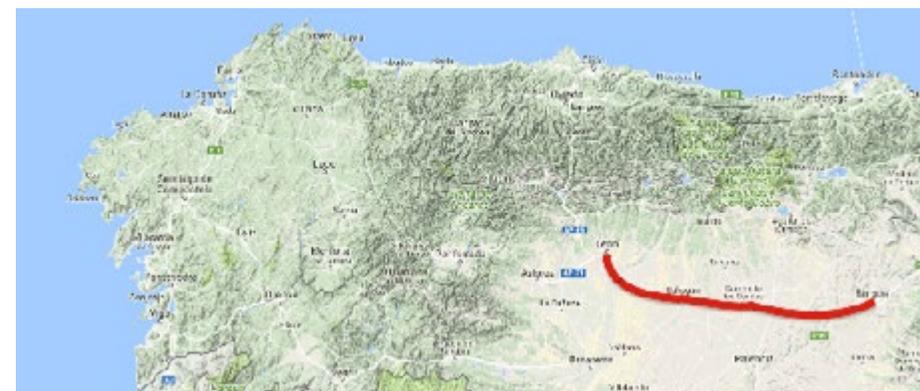
**Duration:** 9 days / 8 nights

**Difficulty:** ★★☆☆☆

**Type of trip:** wheelchair with electric hand bike (PMR) and bicycle (companion)

**Type of traveller:** Person with reduced mobility (wheelchair) with companion

**Bookable dates:** 1st April - 15th June / 1st September – 30th



Co-funded by the COSME programme  
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# WAY OF ST. JAMES BURGOS-LEÓN



SELF-GUIDED



## Who is it for?

This trip is designed for seniors or those with visual or cognitive disabilities, always travelling with a companion.



## Accommodation

The accommodation selected for this trip has been chosen according to location (daily stages to be covered), comfort and accessibility, both in rooms and common facilities.



## Transfer service

Throughout the programme travellers will have private transfers to the start of each stage, in addition to luggage transfer from hotel to hotel.



# Experience the best of 'the Camino'

**This trip covers one section of the French Route between Burgos and León, two of the most interesting cities on this pilgrimage route, both declared World Heritage Sites by UNESCO.**



## Accommodation

The accommodation selected for this trip has been chosen according to location (daily stages to be covered), comfort and accessibility, both in rooms and common facilities. The standard accommodation on this trip will be in hotels\*\*\* and hostels (rooms with private bathroom). When a standard accommodation is not available, these categories may vary. Extra nights may be booked in Burgos and León.

## Selected stages

This route includes stages between Burgos and León; 118 km divided into 6 stages with an approximate distance of 20 km each. In general terms, the stages are flat. The type of surface is different on each stage, but most sections follow compact dirt tracks. It takes around 5-6 hours to cover each stage.

The stages selected for this trip have been chosen following careful consideration of the terrain, relief, possible dangers due to physical barriers, type of surface and availability of nearby accommodation with accessible facilities. However, there are inevitably certain critical spots where those with visual or cognitive disability will need the help of their companion. There are also certain road crossings and short

sections along road shoulders, which cannot be avoided if one wishes to do the longer stretches of the 'Camino'. Therefore, travellers with disabilities and their companions must take certain precautions, just like any other pilgrim, to avoid traffic-related risks.

## Transfer service

Throughout the programme travellers will have private transfers to the start of each stage, in addition to luggage transfer from hotel to hotel.

- ✓ **Carefully selected accommodation in rooms with private bathrooms to ensure maximum comfort**
- ✓ **Feasible stages without prolonged slopes, allowing for enjoyment of the journey**
- ✓ **Magnificent open landscapes, solitary plains and infinite horizons**
- ✓ **Fabulous gastronomy**
- ✓ **Heritage jewels of Romanesque and Mudéjar art**

# Programme

## Burgos - León | 6 stages

**Day 1** Arrival in Burgos

**Day 2** From Castrojeriz to Frómista. CANAL DE CASTILLA (25 km)

**Day 3** From Frómista to Carrión de los Condes. RÍO UCIEZA (21 km)

**Day 4** From Carrión de los Condes to Calzadilla de la Cueva. OPEN CASTILLA (12km)

**Day 5** From Calzadilla de la Cueva to Moratinos/ or Sahagún. TEMPLAR LANDS (23 km)

**Day 6** From Sahagún to Burgo de Ranero. ON THE 'REAL CAMINO FRANCÉS' (18km)

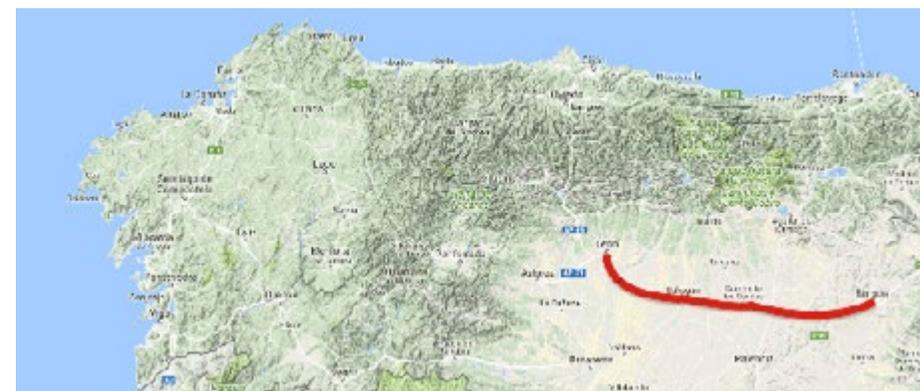
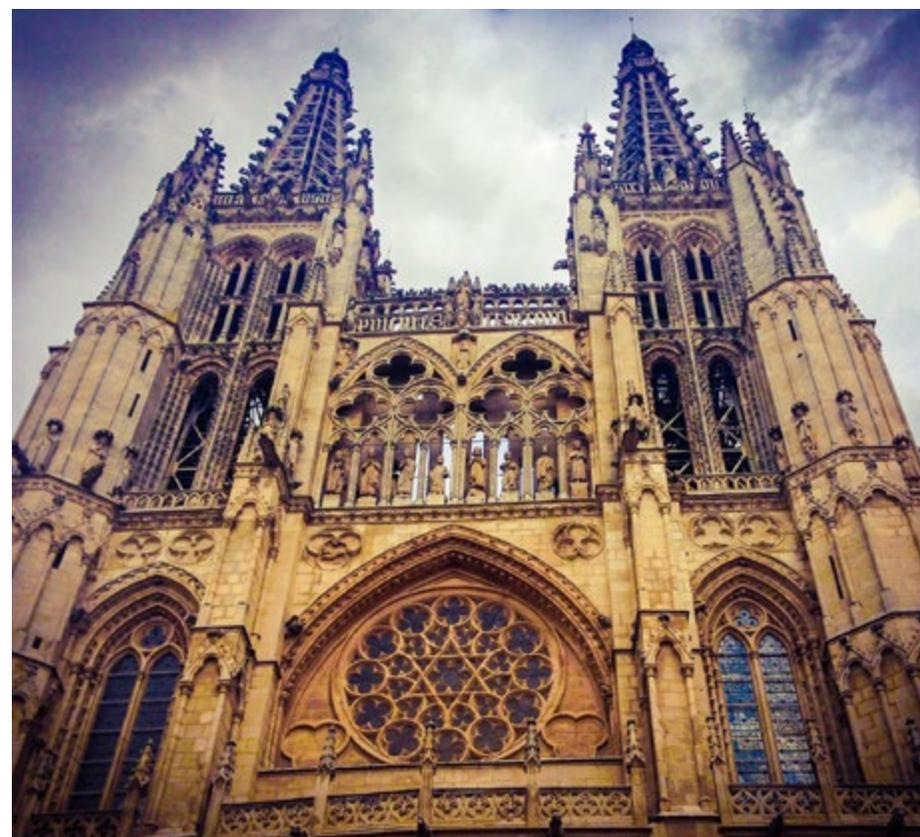
**Day 7** From Burgo de Ranero/Villamarco to Reliegos/Mansilla de las Mulas (19km)

**Day 8** Visit León

**Day 9** End of Programme

### TRIP SHEET

CODE	ESCW002
Style	Independent / Self-guided
Duration	9 Days / 8 Nights
Difficulty	★ ★ ★ ★ ★
Daily distance	20 Km.
Type of trip	Walking / Pilgrimage
Type of traveller	Visual / cognitive disability / Seniors
Bookable dates	1st April -15th June / 1st September – 30th



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# WAY OF ST. JAMES BURGOS-LEÓN



SELF-GUIDED



## Who is it for?

This trip is designed for senior tourists who wish to travel stages of the Camino de Santiago by bike. In this case, since travellers are older and their physical condition may be limited, the use of an electric bicycle is recommended.



## Accommodation

The accommodation selected for this trip has been chosen according to location (daily stages to be covered), comfort and accessibility, both in rooms and common facilities.



## Luggage Transfer

Throughout the programme luggage transfer from hotel to hotel will be provided.



# Peddalling on the Camino

**This trip covers one section of the French Route between Burgos and León, two of the most interesting cities on this pilgrimage route, both declared World Heritage Sites by UNESCO**



## Accommodation

The standard accommodation on this trip will be in hotels\*\*\* and hostels (in rooms with private bathroom). When a standard accommodation is not available, these categories may vary. Extra nights may be booked in Burgos and León.

## Selected stages

This trip covers a total distance of 126 km, with a daily average of 40 km, spread out over in 3 days. In general terms, the stages are flat. The type of surface is also different on each stage, but most sections follow compact dirt tracks or paved roads.

## Transfer service

The trip includes luggage transfer from hotel to hotel and private taxi transfers on days 2 and 5 according to programme.



- ✓ Carefully selected accessible accommodations with adapted rooms and private bathrooms to ensure maximum comfort
- ✓ Feasible e-bike stages without prolonged slopes, allowing for enjoyment of the journey
- ✓ Magnificent open landscapes, solitary plains and infinite horizons
- ✓ Fabulous gastronomy
- ✓ Heritage jewels of Romanesque and Mudejar art

# Programme

## Burgos - León | 3 stages

**Day 1** Arrival in Burgos

**Day 2** From Castrojeriz to Carrión de los Condes. CANAL DE CASTILLA and RÍO UCIEZA (48 km)

**Day 3** From Carrión de los Condes to Sahagún. TEMPLAR LANDS (41 km)

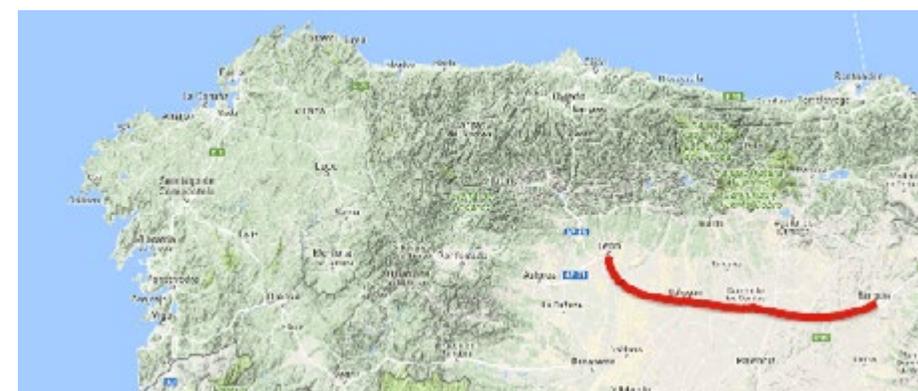
**Day 4** De Sahagún a Mansilla de las Mulas. ON THE 'REAL CAMINO FRANCÉS' (38km)

**Day 5** Visit León

**Day 6** End of Programme

### TRIP SHEET

CODE	ESCB003
Style	Independent / Self-guided
Duration	6 Days / 5 Nights
Difficulty	★ ★ ★ ★ ★
Type of trip	E-bike / Pilgrimage
Type of traveller	Seniors with companion
Daily distance	40 km
Bookable dates	1st April - 15th June / 1st September - 30th



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# WAY OF ST. JAMES LEÓN - SANTIAGO



**SMALL GROUPS WITH SUP-  
PORT VEHICLE**



## Who is it for?

This trip is designed for small mixed groups of participants with reduced mobility (PRM) and participants without any disability. Groups can be composed of 2 wheelchair/hybrid hand bike users and 2 or 3 companions travelling by bike.



## Accommodation

The accommodation selected for this trip has been chosen according to location (daily stages to be covered), comfort and accessibility, both in adapted rooms and common facilities.



## Support vehicle

Throughout the programme the group will have an adapted support vehicle with driver, who will transfer participants to start of each stage and to / from the accommodation. Although a suggested accessible itinerary is provided, depending on the rhythm and preferences of the group, other locations, monuments or museums can be added.



# The excitement of completing 'the Camino'

**This trip covers one section of the French Route between León and Santiago de Compostela, two of the most interesting cities on this pilgrimage route, both declared World Heritage Sites by UNESCO.**



## Accommodation: options

The accommodation selected for this trip has been chosen according to location (daily stages to be covered), comfort and accessibility, both in adapted rooms-bathrooms and common facilities.

On this trip, two different categories are offered (these options influence the final package price):

a) Hotels 3\* and hostels (with private bathroom) (CODE: ESCB004)

b) Pilgrim hostels (dormitory-style accommodation) (CODE: ESCB005)

## Selected stages

This trip covers a total distance of 64 km, with a daily average of 15 km, spread out over 4 days. The stages selected for this trip have been chosen following careful consideration of the terrain, relief, type of surface and possible dangers due to physical barriers.

## Support vehicle

Throughout the programme the group will have an adapted support vehicle with driver, who will transfer participants to start of each stage and to / from the accommodation. Although a suggested accessible itinerary is provided, depending on the rhythm and preferences of the group, other locations,



- ✓ **Ancient Roman towns like Astorga, Ponferrada and Villafranca de Bierzo**
- ✓ **Carefully selected accessible accommodation with adapted rooms and bathrooms to ensure maximum comfort**
- ✓ **Feasible stages without prolonged slopes, allowing for enjoyment of the journey**
- ✓ **Immersion in "Maragato" territory and the Bierzo region**
- ✓ **Fabulous gastronomy**

# Programme

## León - Santiago | 4 stages

**Day 1** Arrival in León

**Day 2** From Astorga to El Ganso (14 km)

**Day 3** From Villafranca del Bierzo to Portela de Valcarce (15km)

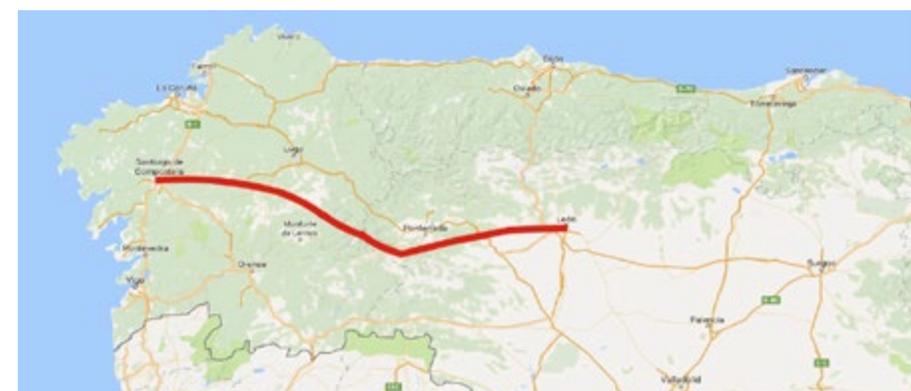
**Day 4** From Casanova to Raído (13 km) and Fontelas - A Salceda (10 km)

**Day 5** From Salceda to O Pedrouzo (13km) and from Monte do Gozo to Santiago (6km)

**Day 6** End of Programme

### TRIP SHEET

<b>CODES</b>	ESCB004 (accommodation in hotels) ESCB005 (accommodation in pilgrim hostels)
<b>Style</b>	Self-guided with adapted support vehicle with driver.
<b>Duration</b>	6 Days /5 Nights
<b>Difficulty</b>	★ ★ ★ ★ ★
<b>Daily distance</b>	15 km
<b>Type of trip</b>	Hybrid hand bike and bike
<b>Type of traveller</b>	PRMs (max. 2) and companions with no disability (max. 3)
<b>Bookable dates</b>	1st April - 15th June / 1st September – 30th



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